



Les amis du
khangtsène
de Ngari
presents

The Breath of *Ngari*

A didactic yet
delightful performance
to discover the mind
of this Himalayan region.

*With the monks of
Ngari Khangtsen*

www.himalayan-sacred-arts-for-peace



Breath of Ngari

A unique performance revealing the magic of this Himalayan region

The Ngari region includes the western part of Tibet as well as the Indian Himalayan slopes of Ladakh, Zanskar, as well as Nepal and the Sherpa areas. Monks from these Himalayan regions who wish to study at the rebuilt Sera Jey Monastic University in South India, stay in the Ngari Khangtsen or Ngari house group. With their delightful energy, sense of humor and kindness, six monks from Ngari Khangtsen will share with you their beautiful and unique culture. They will evoke memories of pre 1959 Tibet before their exile and the rebuilding of their current monastery in India, as well as their daily life full of prayers, studies and debates.

“One usually believes that all monasteries are very quiet and peaceful places, sites where practionners are always in deep meditative states, or praying all day long. In the buddhist culture of the Himalayas, monasteries are actually very high level universities where many students are deeply sudyng philosophy.”

The show lasts one and half hour.

Download our technical card www.himalayan-sacred-arts-for-peace.org

More information: contact@amis-du-khangtsene-de-ngari.fr

Watch the trailer: <https://youtu.be/1ajKhRDXMe0>

Financial terms One night lodging and food for 8 people.
1200 € each performance **or** 90 % of tickets fees with the possibility to sale handycraft.

